

GOOD
Mental Health
It starts with a conversation
Join our conversation!



*Dialogues about recovery
and resiliency*

- *Dispelling myths*
- *Removing obstacles*
- *Understanding*
- *Acceptance*

Join us . . .

Wednesday, March 11, 2015
7:00—9:00 PM
Unitarian Universalist Society
of Amherst, Social Hall
121 N. Pleasant Street, Amherst

The purpose of this meeting is to gain a better understanding of mental health issues, including resiliency, recovery, and discrimination, and to explore ways to build more supportive communities for people with mental health challenges.

The Hall is fully accessible, on bus line, parking behind CVS or in Boltwood lot.
Application for Social Worker CEUs has been submitted Light refreshments
Contact: Jackie Wolf ~ 413-549-2958

Sponsors: MA Department of Mental Health and Amherst League of Women Voters